



Westside Community Center

Fitness Schedule

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
7:00am – 9:00pm	Fitness Center Open	Fitness Center Open	Fitness Center Open	Fitness Center Open	Fitness Center Open Closes
11:30am – 1:00pm	Open Recreation Basketball	Open Recreation Basketball	Open Recreation Basketball	Open Recreation Basketball	Open Recreation Basketball
11:30am – 12:30	Step Aerobics	Dance Aerobics	Step Aerobics	Dance Aerobics	
2:00pm – 4:00 pm			Tahitian Dance		
4:00pm – 4:45pm	Drums Alive Ages 5 – 14 Free				
6:00pm – 7:00pm	Dance Aerobics	Step Aerobics	Dance Aerobics	Step Aerobics	
7:00pm – 8:00pm	Belly Dance Free	Yoga	Belly Dance Free	Coming soon: Salsa Dance Lessons Call for more info. 314-0178	

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